



cpcmetrofriends.org/lifewalk/

FAQS

1) If I sign-up to be a walker, do I have to attend on May 4th?

No, you do not have to attend the Life Walk to fundraise, but we do encourage our walkers to join us in the celebration. We will arrange to get your fundraising packet at an earlier date if you cannot be there.

2) Can I still attend if I am not athletic or physically able to do the walk?

Of course, you can. This is a celebration not a competitive race. You can sit, stand, or walk at the event. Feel free to cheer on the other walkers as they pass the finish line or sign up to be a volunteer at one of our tables for the event.

3) Is this a political event?

Absolutely not! We are joining hands with the community to show our support for women in the Metro area. This is a day to celebrate the accomplishments of those who have raised funds for the CPC Metro who provides services for women in crisis situations.

4) Is this a 5k or longer walk?

No, it is only around the stadium. You do not need to be athletic to do this walk.

5) What are the proceeds for the walk for?

The Life Walk is sponsored by generous donors, so all the proceeds raised go directly to the life-saving work of the CPC Metro. It pays for moms to receive free services at our clinic as well as resources and support beyond their pregnancy.

6) How do I register as a Walker under an existing team?

It's so easy. Visit our Life Walk Event page and click Participate. From there, you can register as a walker under the team of your choice or as an individual.

7) Can I start my own team?

You can! If your church or business is not already represented, you can sign up as an ambassador to start a team. Visit our Life Walk Event page and click Participate. From there, you can register as an ambassador and recruit walkers to join you.

8) What do I have to do to be a Walker?

This is our biggest fundraising event of the year, so we ask each walker to try to raise \$250+ from sponsors. We have an easy fundraising tips guide to get you started. There are prizes based on the amount of sponsorship each walker raises.

9) Do I have to raise \$250 to be a walker at the event?

This is our biggest fundraiser of the year, and we rely on the proceeds from the walk to keep our life-saving work going. We encourage our walkers to raise \$250. Check out our easy fundraising tips guide to get started.

10) How old do I have to be to participate in the Life Walk?

Any age can join the Life Walk. We have prize incentives for youth (0-12), teens (13-18), and adults (18+).

